

YOUNG ADULT SOCIALIZATION GROUP

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ALTERNATIVE
PATHS

OBJECTIVES

The Young Adult Socialization Group is a Social Recreational Group with an emphasis on increasing the quality of one's socialization skills in a comfortable, safe environment.

BENEFITS

1. Increase Socialization

This group engages in activities to increase socialization skills, bring a sense of belonging and build relationships. Clients have an opportunity to practice conversation skills while preparing and having lunch together. Clients will also be able to work on social skills during community outings that are on a monthly basis - typically March through November.

2. Independent Living Skills

Clients are presented with the opportunity to increase daily living skills such as cooking and light maintenance. Clients will learn coping strategies such as mindfulness. They will also be able to work on skills for emotional regulation. These skills will help them understand the diversity within the community and learn about each other through modeling.

AT A GLANCE

SCHEDULE

- Thursday
- 1:00pm - 3:00pm
- Ages: 18-29

Contact Intake

330-725-9195

