

## COVID-19 UPDATES

**September 06, 2023** 

Below are items that can be used to help navigate the ever-changing landscape of COVID-19 response and management.

## **CDC Guidelines:**

If a person is sick with COVID-19:

- Isolation- current recommendations are for an infected individual to isolate for at least 5 days, at home, away from other members of the household.
- While in isolation, wear a mask for the first 5 days if you must be near other members of your household.
- When discontinuing isolation, continue to wear a mask through the end of day 10 after symptom onset.