

# The Leader in Me™

great happens here

## Suffield Elementary

Monthly Newsletter and Home Activity

Sign up for Student-Led Conferences:

What is the Leadership Notebook or Data Binder my child talks about?

Leadership Notebooks Research has shown that the simple act of writing a goal greatly increases the chances of accomplishing the goal. If the goal is broken down into action steps and the action steps are tracked, goals have an even greater percentage of success.

At school, your child writes his/her academic and personal goals in a Leadership Notebook. You will gain a lot of information on how your child is doing if you ask him/her to tell you about his/her Leadership Notebook. The goals chosen are meaningful to your child so be sure to practice Habit 5: Seek First to Understand, Then to Be Understood.

The Leadership Notebook idea can also be used in your home. Create goals such as reading together, eating dinner at the table, or doing an activity together. Involve everyone in the family in choosing a meaningful goal and action steps. Post the goal and the action steps in a visible place and be sure to track and celebrate progress!

When you come to your child's conference, he/she will share this with you. Please be sure you use Habit 5: Seek First to Understand, Then to Be Understood when you interact with your child at the conference. This will allow your child to tell you about how he/she is doing and school and what plans he/she has to do even better. The conference will help you see what you can do to help your child become and even better student!