

**PE Rules:**

**PE I and PE II, Adv. PE I and PE II, Conditioning and Healthy Living**

1. You must be ready to participate in safe clothing. This would include shorts, t-shirts, sweats, and tennis shoes. **Jeans, barefoot, or socks are not permitted.**
2. You must participate in activity unless you have an excused absence from a doctor.
3. You must be dressed and ready to participate within 5 minutes.
4. A spare pair of socks would be a good idea in case the grass is wet. Extra tennis shoes may be a good idea as well.
5. There is no such thing as inclement weather, just inclement dress. **BE Prepared!**
6. Safety is of course a huge issue. PE classes are the number one place for injury, however many of these injuries can be avoided.
  - **Anyone grabbing onto or hanging on any basketball support, hoop, or backboard will be removed from class, written up, and disciplinary actions will be taken immediately. There will be zero tolerance and NO warnings. Consider this your written warning.**
7. Lock up valuables. The school is not responsible for belongings that are not secured.
8. Grades are based on participation, teamwork, good sportsmanship, exams and skills assessments.
9. Our goal is that PE will be an enjoyable experience and each student will have an opportunity to explore various areas of physical activity.
10. **Participation/Dress Grading Scale: 25% of your Grade.**  
Each student will receive 0-10 pts. for the day.  
10 pts. – If he/she is dressed and participates with effort.  
5 pts. – If he/she is dressed and participates with little effort.  
0 pts. – Not dressed, insubordinate, or unexcused absence.

**Skills Assessment Days. 75% of your Grade. (State Standards of Ohio )**

**3 = Advanced**

**2.5 & 2.2= Proficient**

**1.9 = Limited**

**0 = Non-Participatory**

11. If you chose not to dress or participate, there will be **one free day** (warning- no consequence), per grading period. Free days cannot be used on an assessment day.
12. We hope that you have an enjoyable learning experience in Physical Education class!  
**Have a safe and fun semester!**

Mrs. Ward and Mr. Peterson